



### TEAM BUILDING

**"You cannot teach a man anything; you can only help him find it within himself."**

**Galileo**

**"A team is more than a collection of people. It is a process of give and take."**

**Blaise Pascal**



An increasing phenomenon all around the world, the Team Building programs have become a common thing in most organizations - either at the department or company level, with a frequency of at least once per year. The locations where the events are held induces different behaviors of the participants and certainly original ways of thinking and solving the problems.

### TEAM BUILDING = DISCOVERING HOW PEOPLE THINK AND WORK TOGETHER

- To have a dynamic report between team members
- To create the context for a good communication
- To stimulate the creativity
- To discover new ways to cope with the everyday challenges
- To identify and solve hidden problems
- To realize individual differences and strengths of each team member
- To learn to trust the others
- To face the change and adapt it to the benefit of the company
- To reinforce the team spirit and motivation
- To learn and have fun in the same time



### A FEW WORDS ABOUT THE TRAINER

Just like the well known skiing Decalogue, there is also a list with the things the trainers should do. We tried and managed (at least until now) to respect it:

- To verify the place where the Team Building session will be held
- To avoid being late, and, very important, to end on time the event
- To hear instead of speaking
- To respect the breaks
- To be able to laugh at ourselves when unforeseen things occur (it will always happen)
- To give clear instructions
- To smile
- To involve the participants in all activities
- To have the capacity to "read" the audience, and, in accordance, to change the strategy and the rhythm
- And, the last, but not the least: to be natural and to show the glimmer of passion

We remain at your disposal for any other information:

Phone: 0742 062 187

Email: [florin.popa@teamzone.ro](mailto:florin.popa@teamzone.ro)

Internet Site: [www.teamzone.ro](http://www.teamzone.ro)